the well-being network



a vision for Cardiff

Our vision for the Well-Being Network is to create a more user-friendly, inclusive, and accessible Cardiff, supporting the principles of the Well-Being of Future Generations Act.

The Well-Being Network mirrors bus stops' familiar, adaptable, and modular nature—easily constructed on any pavement and seamlessly integrated into Cardiff's streets—making it a practical, sustainable, and environmentally friendly solution.









frequent

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conscious



wayfinding

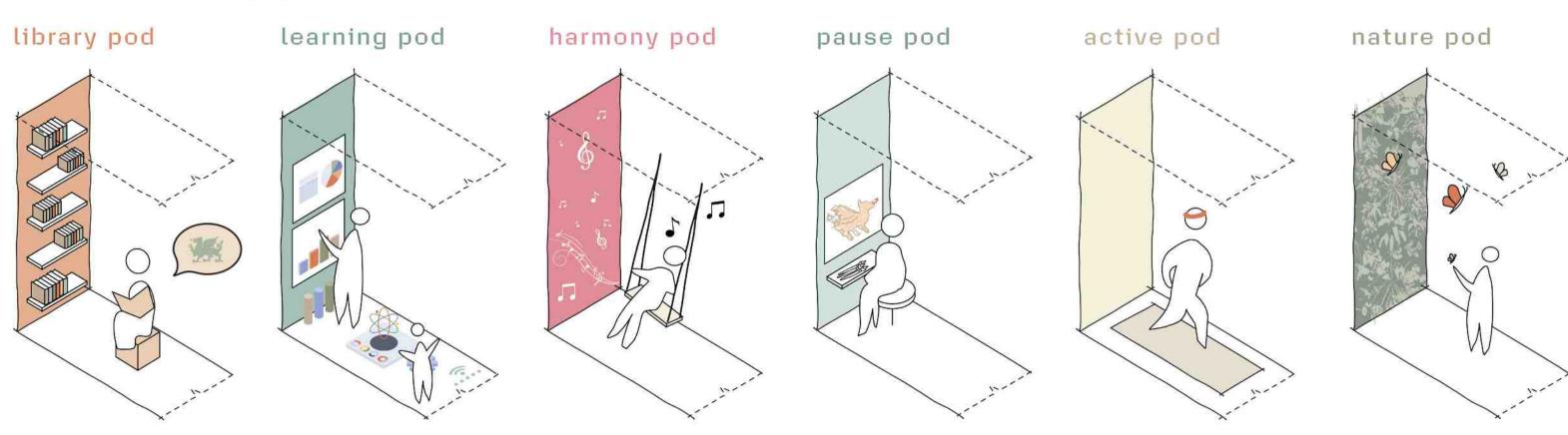


technology

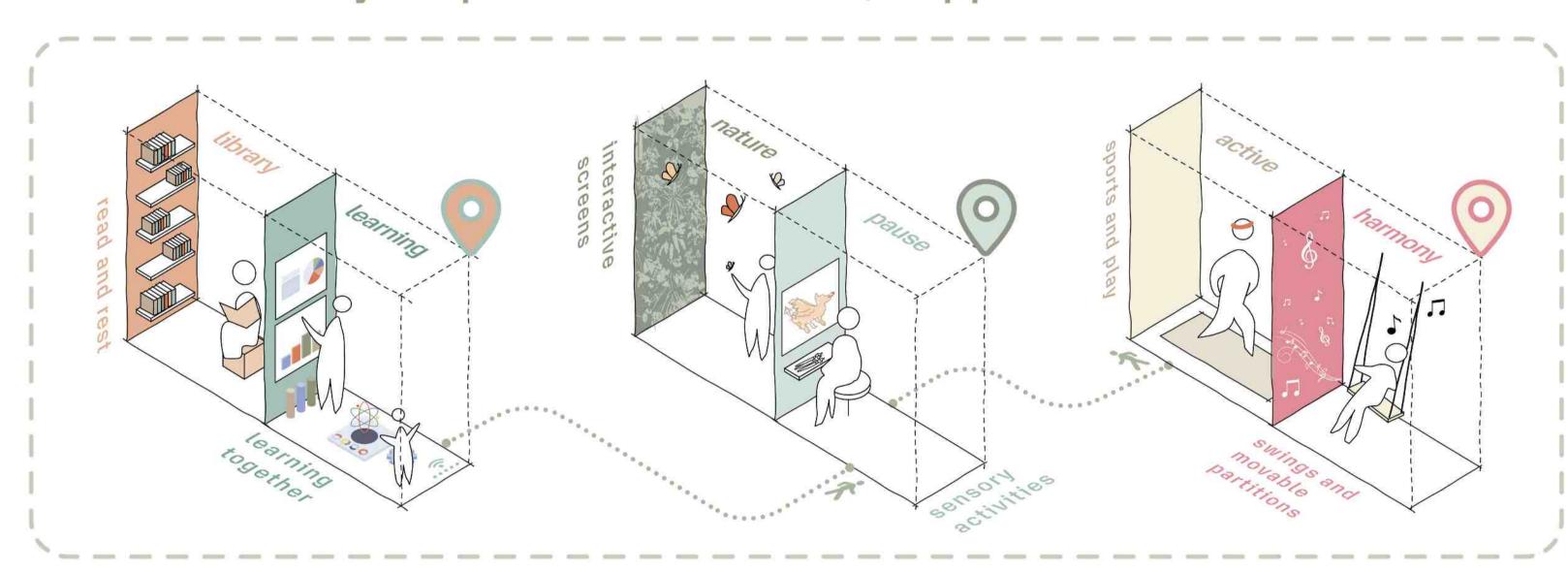


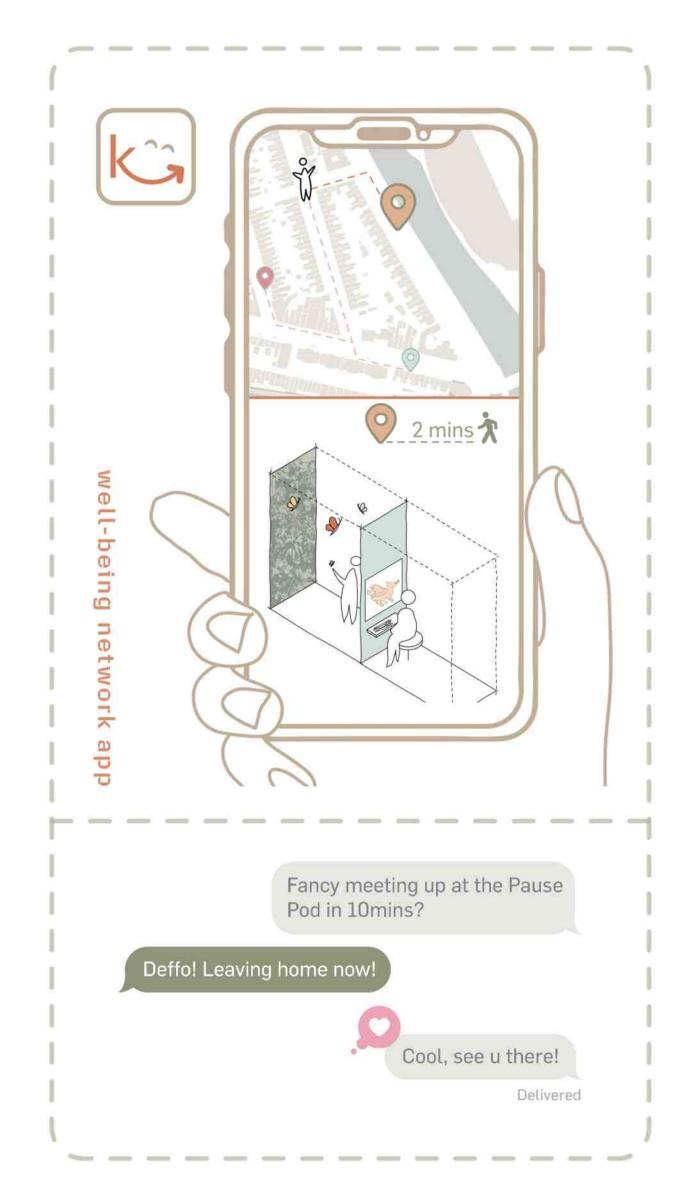
provision

the well-being pods

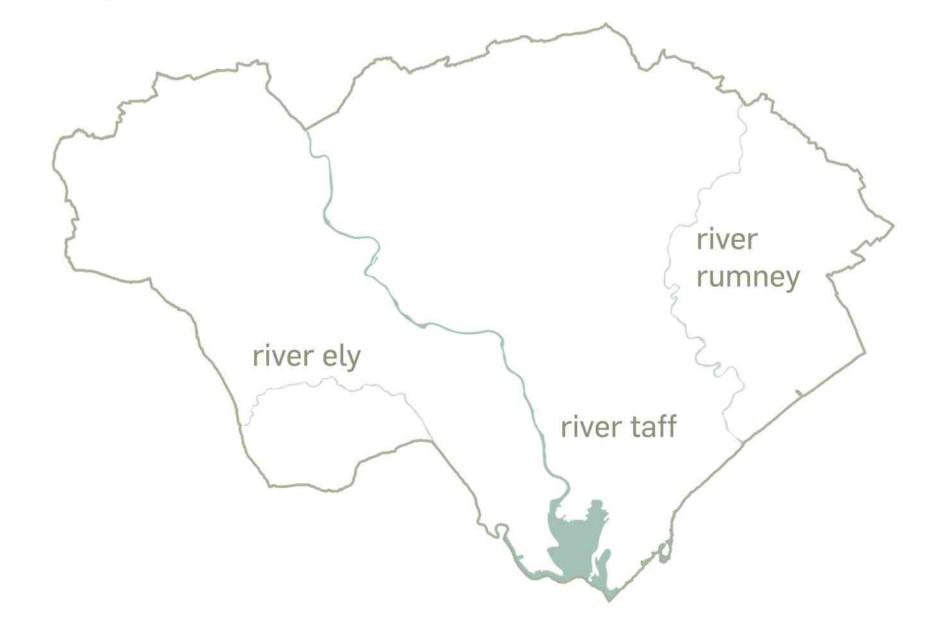


"your path to a healthier, happier Cardiff"



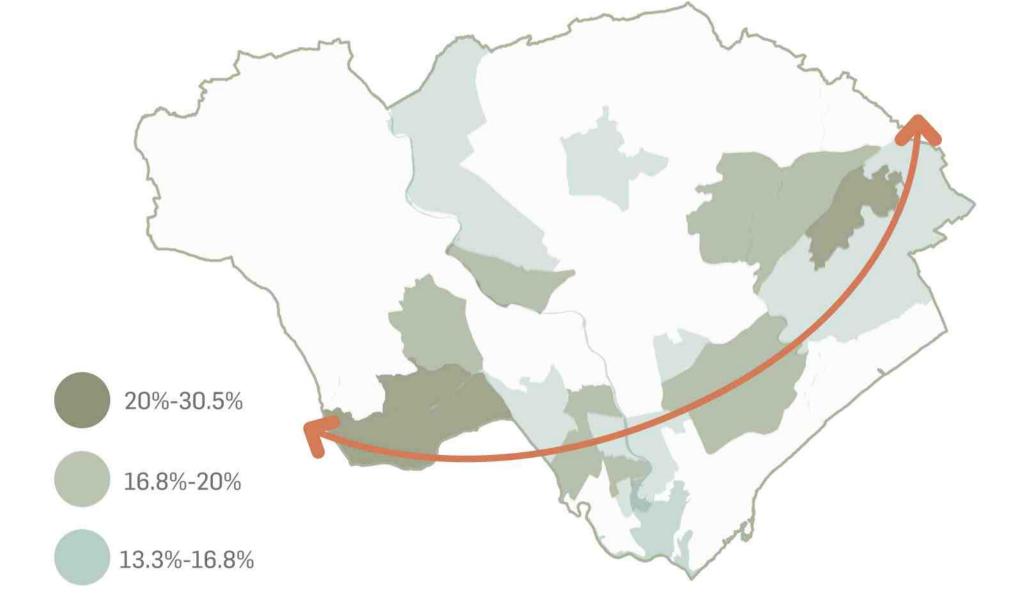


map of Cardiff



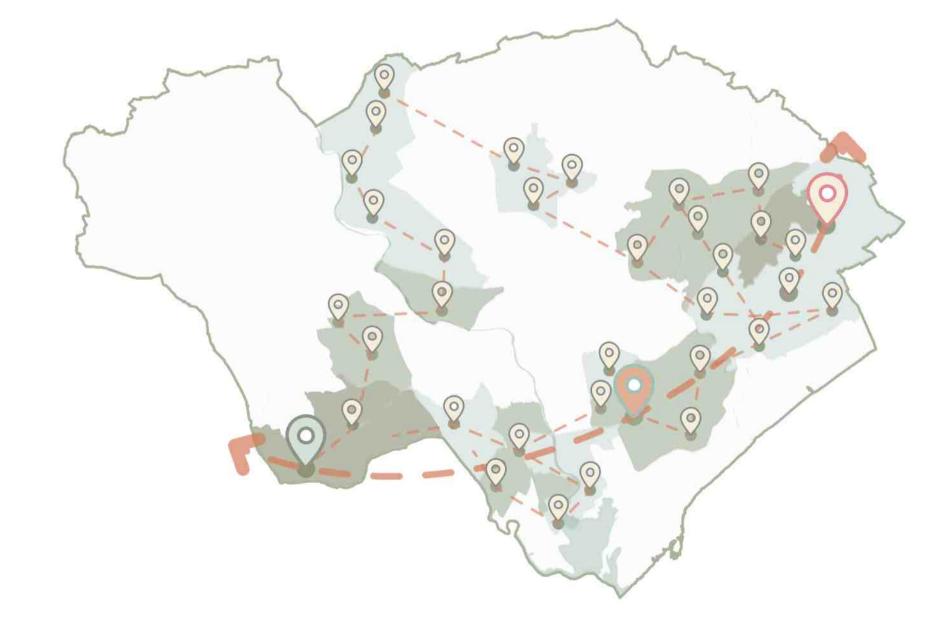
Cardiff is a dynamic urban city where the rivers Taff, Ely, and Rumney weave through various neighbourhoods.

target areas: southern ark



The 'Southern Ark' is a region that represents the potential for Cardiff's future. (data is according to the ONS Census 2021)

areas for network



By strategically placing well-being pods across the city, particularly in areas highlighted on the map, we aim to foster resilient and sustainable communities.

AtkinsRéalis

the well-being network 3

design for inclusivity and well-being The infrastructure creates inclusive, accessible spaces for scenario 1: Dafydd Evans scenario 2: Carys William scenario 3: Sara Hussain people with diverse needs, from neurodivergent individuals 11 years old carys is a mother of two and a 16 years old to older citizens, promoting a sense of belonging, well-being, caregiver for her elderly father, a neurodivergent child a teenage girl who loves and acceptance. who has early-stage dementia. with autism hanging out with friend These flexible pods support physical, emotional, and social activities, contributing to healthier, more vibrant communities. Designed as familiar and functional infrastructure, the pods will help Cardiff meet the Well-Being of Future Generations Act's long-term goals by improving quality of life, reducing inequalities, and creating a positive impact for current and future generations. spaces that "Find calm" WEETHOLY. cteate tocus. 'e ebace ie Nourel'. "FUR JUMP Play meet and walk " hear Trees, 0 HEBIN. dando's journey home Swing into in connection six Carys tather can relat Pods For All in the pause pod while Ster the clinic ner sons playin the